

FIRST POSITION 1

relax your hands

count 4 and start

left and right are playing the same fingers

repeat the exercise in D major and so on

GEX

Moderato

1 3 2 4 1 2 4 3 1 3 4 2 4 3 2 1

SECOND

3 1 4 2 1 2 3 4 2 4 3 5 2 3 5 4

REPEAT IN D MAJOR

2 4 5 3 5 4 3 2 4 2 5 3 2 3 4 5